



PALO VERDE UNIFIED SCHOOL DISTRICT

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YVAPE INTERVENTION RECOMMENDATION

Vaping / Nicotine-Cannabis Alternative to Suspension

What Is YVAPE?

YVAPE (Youth Vaping Alternative Program Education) is a free, evidence-informed alternative-to-suspension intervention for students found with, using, or under the influence of nicotine and/or marijuana/cannabis at school. It is operated by Kick It California at UC San Diego and funded by the California Department of Education and the California Department of Public Health [cite:1][cite:2].

The program uses live telephone/video coaching, short educational videos, parent/guardian engagement, and a completion certificate to help students reflect on their vaping behavior and build toward quitting, in place of traditional suspension discipline [cite:2][cite:3].

Eligibility

Criterion	Detail
Age	Student must be 12 years or older [cite:3].
Conduct	Student was found with or under the influence of nicotine and/or marijuana at school [cite:3].
Access	Student has an email address and access to a phone or Zoom [cite:3].
Consent	Student and parent/guardian (ages 12-17) give verbal consent to school personnel for enrollment; an opt-out form is provided and students may withdraw at any time [cite:3].
Cost	Free to all California public schools; no cost to the district, student, or family [cite:1][cite:4].
Language	Available in English and Spanish [cite:3].

How the Program Works

Step	What Happens
1. Enrollment	Administrator enters student and parent/guardian information into the secure web referral form at yvape.org [cite:3].
2. Initial Call	A YVAPE coach discusses nicotine and/or marijuana use, health, motivation, and confidence about quitting, and sets a personal goal (20-30 minutes) [cite:3].
3. Videos & Discussion	Student watches at least 3 short educational videos (2-4 minutes each) and completes a discussion guide with a parent/guardian [cite:3].
4. Follow-Up Call	A second call reviews nicotine/marijuana use, the videos, and progress toward the student's goal (10-15 minutes); this completes the program [cite:3].
5. Optional Check-In	Student may request an additional short check-in call for extra support (5-10 minutes) [cite:3].
6. Completion	School, student, and parent/guardian are notified upon completion (typically 1-14 days); student receives a certificate of completion [cite:3].

Why Use YVAPE Instead of Suspension

Exclusionary discipline such as suspension has not been shown to reduce tobacco or vaping use and disproportionately affects certain student groups; YVAPE offers schools a supportive, non-punitive path



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that keeps students in class while addressing the underlying behavior [cite:5]. The California Department of Education has directly encouraged schools to use YVAPE in lieu of suspension for vaping-related incidents [cite:2].

Administrator Enrollment Link

To enroll an eligible student, go to: <https://yvape.org/> [cite:3]

Administrators can also request more information or ask questions by emailing yvape-support@health.ucsd.edu or calling 858-300-1023 [cite:3].